

**TOP
ADDICTION
TREATMENT
COMPANY
2024**

The Haven

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**HEALTHCARE
BUSINESS REVIEW**



The Haven

A Holistic Approach to Sobriety and Wellness

Addiction, once seemingly an insurmountable despair for individuals with an active substance use disorder, can now be conquered, leading to the opportunity to live a full and healthy life. With over 40 years of treatment proficiency and the assistance of experts who have personally experienced the challenges of addiction, The Haven, a non-profit behavioral health center, has spearheaded this recovery process, helping individuals reintegrate into society with its evidence-based treatments.

The Haven empowers individuals to surmount substance abuse and related mental health disorders. It primarily focuses on addressing issues stemming from opioid and fentanyl addiction. The heart of the company lies in aiding individuals to overcome addiction and reduce recidivism by offering effective and affordable recovery treatment services.

Distinguishing itself in the behavioral health space, The Haven's competitive edge lies in its skilled multidisciplinary team that mirrors the diverse and varied experiences of those seeking recovery. The team includes qualified and licensed clinical social workers, psychologists, mental health counselors, and therapists. Enriched with veterans, people of color, the LGBTQ community, and individuals who have gone through the company's program, it delivers a unique and personalized approach to individuals' recovery.

"Our diverse team, with first-hand experiential understanding, ensures a genuine connection with patients, making every recovery journey unique and meaningful," says Heather Chase, executive director at The Haven.

Excelling in addressing substance use disorders and the criminogenic needs of individuals, The Haven embodies a holistic approach to rehabilitation. It understands the intricate challenges individuals face, particularly those with justice involvement. They often present complex health issues, mental health struggles, and a deep

need for community support, housing, and employment. The Haven is exceptionally equipped to cater to these requirements.

The admission process for the program starts with referrals from detox centers, correctional facilities, and legal defenders.

Before being admitted, individuals go through a general pre-screening process to check if they meet the company's exclusionary criteria. Individuals who maintain at least five days of sobriety and pose no safety risks would be selected to undergo a full bio-psychological assessment with one of Haven's specialized therapists before the services begin.

The journey through The Haven begins with a comprehensive three-tiered program—residential, outpatient, and sober living. The residential program, extending up to six

months, prioritizes medical-assisted therapy and stabilization for an individual to get back on track after a relapse occurs. Its in-house medication management helps them efficiently manage drug cravings through medicines like suboxone, sublocade, and methadone.

The subsequent outpatient phase, coupled with sober living, provides ongoing support through intensive outpatient, general outpatient, and aftercare programs. Individuals undergo various levels of care until they reach complete recovery. The Haven's sober living, a safe and affordable housing program offered by The Haven for recovering individuals, stands out for its unmatched recovery peer support in Utah. Its year-end analysis testing tracks the progress of individuals, enabling the company to chart future treatment plans accordingly.

Its long track record of successful treatments in Utah reflects its commitment to comprehensive care. In one instance, the company provided all-inclusive recovery assistance to a now prominent individual in the state. The person found it extremely difficult to maintain sobriety and had to go through several episodes of treatment. She was also pregnant during her third treatment. The Haven, with its tailored programs and dedicated support, empowered her to maintain her sobriety and thrive in her recovery. She now champions various overdose prevention campaigns and works for the company by sponsoring several members and actively participating in several events it hosts.

Due to its impact on treatment and building a supportive community, The Haven has also garnered numerous accolades, including the Best of State - Utah, among others.

Portraying a vision of impeccable resilience, compassion, and community well-being, The Haven is helping people recover from addiction and fostering lasting positive change in society. **HB**



Heather Chase,
Executive Director

The Haven



Recognized as one of the Top 10 Companies that are at the forefront of providing addiction treatment services and impacting the Health and Wellbeing sector